Eucharistic Adoration

"Remain here and keep watch with me."~~Matthew 26:38

WHAT IS EUCHARISTIC ADORATION?

Simply put, it is the exposition and adoration of the Blessed Sacrament by the faithful.

During consecration, the bread is changed into the body of Christ. Although it still appears to be bread, it is actually the body, blood, soul, and divinity of Christ.

The Eucharist is displayed in a vessel called a monstrance on an altar in a chapel. The faithful volunteers who come to sit with the Blessed Sacrament are called adorers.

Perpetual Adoration is when the Eucharist is adored 24 hours/7 days a week. When the Eucharist is not exposed and adored, it is kept locked in a tabernacle.

"Holy Hour" is a form of Eucharistic Adoration that came about from a revelation by Christ to St. Margaret Mary Alacoque as a part of our devotion to the Sacred Heart of Jesus.

Although volunteer adorers commit to an hour in the chapel, all are welcome to visit the chapel for any amount of time they wish.

In the apparitions to St. Margaret Mary Alacoque, Jesus gives these twelve promises for those who are devoted to His Sacred Heart.

Prayer:

The Twelve Promises of Jesus to Saint Margaret Mary for those devoted to His Sacred Heart:

- I will give them all the graces necessary for their state of life.
- I will establish peace in their families.
- I will console them in all their troubles.
- They shall find in My Heart an assured refuge during life and especially at the hour of their death.
- I will pour abundant blessings on all their undertakings.
- Sinners shall find in My Heart the source of an infinite ocean of mercy.
- Tepid souls shall become fervent.
- Fervent souls shall speedily rise to great perfection.
- I will bless the homes where an image of My Heart shall be exposed and honored.
- I will give to priests the power of touching the most hardened hearts.

- Those who propagate this devotion shall have their names written in My Heart, never to be effaced.
- The all-powerful love of My Heart will grant to all those who shall receive Communion on the First Friday of nine consecutive months the grace of final repentance; they shall not die under my displeasure, nor without receiving their Sacraments; My heart shall be their assured refuge at that last hour.

"Look at this Heart which has loved men so much, and yet men do not want to love Me in return. Through you My divine Heart wishes to spread its love everywhere on earth."

Frequently Asked Questions

WHERE IS THE CHAPEL AT SMMA?

The chapel is to the left in the vestibule. It doubles as the cry room during weekend masses.

CAN I GO INTO THE CHAPEL IF SOMEONE ELSE IS IN THERE?

Yes, as Jesus said, "For where two or more are gathered together in My name, I am there in the the midst of them." (Matthew 18:20

HOW LONG SHOULD I STAY?

For scheduled adorers, of course, stay for your hour and until next adorer arrives. For visiting adorers, any amount of time spent in adoration is welcomed by Jesus and you will be blessed for the experience.

WHAT IF I'D LIKE TO BE A PERMANENT ADORER, BUT CAN'T COMMIT TO EVERY WEEK?

You can sign up for every other week or 1 week per month, or get a team together to alternate weeks. Whatever time you are willing to commit to is appreciated.

Another option: Be a prayer partner to a permanent adorer as needed.

WHAT IF I AM A SUBSTITUTE OR PERMANENT ADORER AND CANNOT MAKE MY COMMITTED HOUR?

Everyone is asked to accept responsibility for their own hour (see special circumstances below) – this includes making a few simple attempts to find a sub when you cannot be there. Here are a few ideas that usually meet with great success:

- If you share your hour with another adorer simply contact him to make sure he'll be there
- Get to know your "neighbor"! Ask the person before you to stay an extra half hour and the person after you to come a half hour early. And be willing to reciprocate when you are asked to sub!
- Trade hours with someone who has the same hour as you, but on a different day of the week.

- If you are on a rotation hour contact someone else on the rotation and ask to switch with them.
- Contact someone on the SUB LIST which is posted on the board and copies are
 available to take home. These people have agreed to be Substitute Adorers and are
 usually ready, willing, and able to sub when called. If you have trouble finding a
 substitute, please contact us and we will gladly help.

And finally, if someone calls you to sub for them, please be open to the possibility!

DOES THE CHAPEL EVER CLOSE?

Yes, it closes at 7:30 a.m. with Benediction on Saturday for weekend masses and reopens on Sunday at 2:00 p.m. It periodically closes for Friday weddings, parish picnic or severe weather. If the church doors are locked, please knock on the door or ring doorbell to the left of the front door of church. The adorer will hear and let you in.

WHAT ARE SOME WAYS I CAN SPEND TIME IN THE ADORATION CHAPEL?

There is reading material available in the chapel and in the library right outside the chapel that you can borrow. You can say a rosary, read scripture, say prayers or just sit quietly and enjoy the Lord's presence.

IF YOU HAVE A LATE HOUR and the door to the church is locked, please ring the bell (on the door frame on the outside door closest to the chapel). The bell rings in the chapel and the adorer will come open the door to let you in. Once inside, please sign your name in the book. Also, please take a moment when you leave church to make sure the door closes and locks behind you.

WHAT DO I DO IF THE NEXT PERSON DOES NOT SHOW UP? Sometimes the Adorer coming in after you may be running a few minutes late. If after 5 minutes the Adorer hasn't shown up you may use the phone in the library (dial 9 + their number) and call the person. Their name and phone number will be listed on the schedule in the appropriate hour time slot. If this would become a recurring problem, please contact us about the situation at smmaadorationchapel@gmail.com

SPECIAL CIRCUMSTANCES:

<u>Midnight to 6am Adorers:</u> First of all, THANK YOU for being a regular early morning adorer!! As you know these are the toughest hours to fill! If you know of someone or can even "recruit" someone who will agree to regularly sub for you that would be great. You can try some of the ideas above, but if you don't meet with early success please let us know and we will take it from there – the more notice the better! <u>Long Term Absences</u> (illness, long vacations, family needs, etc.): Please contact us and together we can strategize about coverage.

WHAT IF THE WEATHER IS BAD? If we have severe weather, such as snow and ice, the Administrators may make the decision to close the Chapel. We will put a sign up on the outside door to church and contact those Adorers that it will affect.

FLOWERS Did you know you can bring flowers to place before the altar? There is a sign up sheet on the bulletin board. If interested, bring the flowers on Sunday afternoon. The church has vases you can use.

If you have any other questions regarding the Adoration Chapel please contact the Adoration Chapel Committee through email at smmaadorationchapel@gmail.com

St. Jean-Marie Vianney, the Cure of Ars, once asked a parishioner who spent hours in adoration of the Blessed Sacrament, "My good father, what do you say to our Lord in those long visits you pay Him every day?"

"I say nothing to Him," was the man's moving reply; "I look at Him and He looks at me."

Eucharistic adoration at SMMA began in the Spring of 2001. After a short time of offering Friday night adoration, it was decided to pursue Perpetual Adoration. Many parishioners supported this new ministry. A small trial period turned into the wonderful ministry we have today.

All are welcome in the adoration chapel. To learn more or if you would like to become a substitute or permanent adorer, please contact one of the adoration committee members through email at smmaadorationchapel@gmail.com

[&]quot;The time you spend with Jesus in the Blessed Sacrament is the best time you will spend on earth. Each moment that you spend with Jesus will deepen your union with Him and make your soul everlastingly more glorious and beautiful in Heaven, and will help bring about everlasting peace on earth." Blessed Mother Teresa of Calcutta

2018 COMMITTEE MEMBERS

FR. SCOTT SCHEIDERER
ANNE HOFFMAN
BETH VORDTRIEDE
DEB ZOBRIST
DEBBIE MILLER
JUDY HUBER
KATIE BRENNAN
LAURA IVEY
LINDA TENSING
LOUISE HAINES
MARY LOU FRANK
PATSY KALBAC

ROSE GUARINO

PAST ADMINISTRATORS

2001 KATHY GAU / JANE CONDER

2002 DEBBIE ZOBRIST / SANDY EMIG

2003 DEE WIRTZ / JOAN LOSETO

2004 ANN CLARK / PATSY KALBAC

2005 PAT SKIPTON / BARB HOEING

2006 CHARLENE SARTORI / ANN ARMBRUSTER

2007 MARYANN WUCHER / JANE CONDER

2008 BETH WUESTHOFF / KITTY BRIGHTON

2009 BETH VORTRIEDE / PAT DAMES

2010 MARYLEE BALOTA / CHERYL MERTZLUFFT

2011 DONNA REITZ / KATIE BRENNAN

2012 AGNES HALFMANN / BARB KOCH

2013 JUDY HUBER / HELEN MCMANEMY

2014 JANE CONDER / JAIME SCHWARZ

2015 LAURA SCHMIDT / KATIE BRENNAN

2016 MATT GOODSON / BETTY KOCH

2017 RON BROOKS / BETTY KOCH